

Background

My approach today is the result of many years of study, practice, mentorship, and direct experience. While I no longer work from any single modality, these traditions have all contributed to the evolution of my practice.

Teachers & Mentors

- Dr. Mitchell Gibson
- Richard Farmer
- Meredith Pavlidis

Formal Training

- Reiki (all levels)
- Karuna Reiki
- Pranic Healing
- Lama Fera
- Seraphim Blueprint
- Metatronic Life
- Vortex Healing
- Acasma Quantum Expansion
- Shalvik Mantra Rahasya
- Divine Consciousness & Divine Heart Connection
- Lightbody Activations
- Pleiadian Healing

While these traditions have deeply influenced my path, my work today is not the application of any single system. Over years of practice they have gradually integrated into an original approach that responds to the individual rather than following a fixed methodology.

